



Volume 5 Number 7

CONTACT!

July 2016

www.kanatabr638.ca

Branch President's Report

Only seven weeks into the new legion year and so much has been accomplished and so much more is underway. The organization chart was approved by general membership at the June general meeting including approval of the following key appointments:

- JoAnne de Lepper, Membership
- Joseph de Lepper, Hall Rental
- Garth Lee, Sports Officer
- Peter Wilkins, Veterans Service Officer
- Denis Pelletier, Cadet Liaison Officer

Please refer to the complete list of contacts on the last page of this newsletter.

Branch #638's new executive has been working diligently not only to continue to maintain operations and services, but also to reassess, improve and expand. For example, two new committees were created:

Comrade Moira Green has accepted the appointment to chair a committee tasked with ways and means for Branch #638 to celebrate Canada's 150th birthday in 2017.

Comrade Bruce Judge has accepted the appointment to chair a committee to review the 2012 Branch Renewal Action Plan, which was developed by comrade Gene Szabo and his committee at the time. The purpose of this new committee, which may likely coincide with the Finance Committee, is to review, prioritize and come up with an implementation plan while remaining focused on the

branch vision, mission and values the previous committee established.

As well, the Hospital and Home Visit Committee recently met to discuss expansion.

On June 12, I attended the Centurion Sea Cadet Annual Review, the last of the four annual cadet reviews for the season, and was privileged to present the RCL Cadet Medal of Excellence to a very deserving cadet. Comrade Doug Rowland, Poppy Trust Fund Chair presented a \$700 cheque on behalf Branch #638. As the late comrade Bill Wilson was the Centurion's first Commanding Officer and founding member, the ceremonial review was dedicated to his memory and his lasting impact on that cadet corps.

First Vice-President, Dan Knighton, and I represented Branch #638 at the Jack MacLaren MPP and The Carleton-Mississippi Mills Riding Association Annual Barn Dance and BBQ fundraiser on June 25, 2016. Donations were accepted for The West-Carleton Food Access Centre and The Kanata Food Cupboard.



Jack Edelson and Bert Fox
Branch's two oldest vets cut Canada Day cake

Photo Credit: Terry Jenkins

The annual President's Canada Day BBQ was a huge success, with over 100 in attendance enjoying the great food, visiting one another and having fun playing indoor games! This event was a perfect example of comradeship, community support and of when so many pitch in to help make work light! There are so many to thank, and I wish to extend special thanks to comrade John Cher for being the

chief cook and to comrade Dan Knighton as chief games marshall!

Upcoming Events/activities

- August 11 - Annual Ray Ponto Memorial Golf Tournament and evening dinner
- August 16 - Blood Donor Clinic to be held at our Kanata legion
- August 27 - Corny Comedy night

For details, please refer to the Ways and Means & upcoming events calendar section.

Respectfully submitted,

Lorraine Lapensée
President



From the First Vice

This time around I have nothing to report. As always, thank you for your support, one and all.

From the Sports Desk

As previously mentioned, comrade Garth Lee is our new Sports Officer, but as he has been involved with the Blues Fest downtown for the past two weeks, no one has seen him! Therefore, I will simply remind everyone that the Ray Ponto Golf tournament will be held Thurs., Aug. 11, at the Greensmere Golf and Country Club. All golfers new and old are encouraged to attend. Sign-up sheets and flyers are at the branch. Non-golfers are encouraged to attend the dinner at the branch after the game (approx. 5pm) at a cost of \$10 with a donation to the Homeless Veterans Fund.

I'm pleased to say that comrade Bob Mason has recovered sufficiently from his surgery and will be taking my place with his brother Martin at the District G-6 Tournament, July 23 in Petawawa. Good luck, Bob and Martin.

Yours in good sports,

Dan Knighton (Outgoing)

From the Second Vice

Gaming

June Bingo Report

Bingo events conducted: 4
Total attendance: 176
- per Bingo average: 44

Total Deposit to Bingo Trust: \$2,537

Expenses	Rent Paid to Branch:	\$ 76.65
	License Fee:	\$144.00
	Paper Cost	<u>\$176.00</u>

Total Expenses \$1,080.65

Revenue after Expenses \$1,456.35

- 47.6% for Operations & Maintenance \$693.22
- Donation Fund **\$763.13**

50/50 Draws Report

Number of 50/50 draws conducted: 9

Proceeds for June were **\$655**, all of which goes to donation fund.

Total monies raised for the month of June for donation: **\$\$1,080.65 + \$655 = \$1,418.13**

General Trust Fund Administration

This group meets once a month to distribute funds generated through the Gaming Program. Once approved by the Executive, the funds are then distributed.

Donations (once approved) for July, based on funds raised in June are \$1,500.

The following organizations each received \$500:

- Canadian Red Cross
- Salvation Army
- Chrysalis House

Yours in service,

Brenda Grant
2nd Vice



Legion Bursaries

Offered by

Kanata Branch 638

The Royal Canadian Legion

70 Hines Rd., Kanata

613-591-5570

For Kanata area students for
Post Secondary Education

Eligibility:

Ex-Military personnel, Veterans
and their children and grandchildren.

Application forms are available at the branch

To be returned by 31 AUGUST 2016

shirt. See photo below of wet shirts, contributed
by Jane Torrance and Marla Nicols of Almonte.



Sgt-at-Arms Report

The Colour Party has been busy the last month or so. On May 29, the Colour party participated in the Battle of Atlantic service in Almonte. Due to the high temperature, the service was held indoors. Our own Battle of Atlantic veteran Bert Fox went with us to the service. See photo of Bert being honoured, below.

Nine of us were in the 20 person Combined Colour Party for the dedication of the Carp War Memorial on June 18. The Parade Commandeer was our own Bill Molnar and the Colour Party Commander was Almonte's Sgt-at-Arms, Neil MacLeod. It was a nice warm day and a fitting service.

On a sad note, a legion tribute was held for our own Colour Party Member and Cadet Liaison Officer, comrade Bill Wilson, on June 20.

Ten of us were at Walter Baker Park for the Canada Day opening ceremony. However, the weather decided otherwise and shorted out the stage lights. The opening ceremony had to be cancelled, but as you can see we got a good picture with our MP and City Councillor. The photo is thanks to comrade Tara Jackson.

On July 9, five of us went to Almonte for the Celtfest parade and opening ceremony. Lots of rain in the morning; we got a little wet. Apparently the new Sgt-at-Arms red slashes are not colour fixed. Kind of makes a mess of a white



The next event will be the Scott Tokessy Memorial Base Ball Tournament opening ceremony on Saturday, August 6, at 10 a.m.

Lots of fun, always looking for new Colour Party members. If interested, let me know.

Bob Thomson CD
Sgt-at-Arms
RCL 638 Kanata
831-8221
992-0401

From the Poppy Campaign Chair

Help

Comrade John Cher has faithfully delivered and picked up poppy boxes at stores and businesses in our area for many years, as have many others. John will help this year, but cannot do the number of venues he has done in the past. Your assistance is needed here please. It is vital that we maintain the effort put forth by so many in our campaign. Please contact John or myself as soon as possible if you are able to help in this important job.

Poppy Campaign Launch 2016

Your executive has decided that this year we will have a social occasion to kick off this year's campaign. The event will be a Wine and Cheese get together on Friday, October 21, at 7:30. Our campaign begins as usual on the last Friday in October, Friday, October 28. The Highland Mist Pipe Band will perform and a short programme has been prepared. There are many members and veterans who faithfully perform their special poppy duties each and every year and we thank them each and every one for their continued support and dedication.

Please mark this date on your calendar now. Please make a special effort to come out and meet your fellow veterans and members and share a few moments together. There is no charge for this event, only the honour of your presence is requested.

Poppy and Remembrance Dinner 2016

The annual Remembrance dinner will be held on Saturday, November 12. We are indeed fortunate to have secured a great speaker for this occasion. Dr. Dean Oliver is the current Director of Research at The Canadian War Museum, and we look forward to having him as our guest on this special occasion. Menu, etc., will be posted closer to the time, but please mark the date on your calendar and let's have a full house for our guest.



150th Canadian Anniversary Events

A committee is being formed to plan some events ahead for next year. A suggestion has been made to plant a number of the 150th anniversary tulips on the berm at the end of the parking lot at March Road, which hopefully will be seen and admired by those passing by. If anyone would care to donate a sum of money towards the purchase of the tulip bulbs, that would be super! Please contact me if interested in so doing. If you have an idea re the celebration, I would be interested in hearing about it and discussing possible merit.

In continued service
Moir

From the Branch Secretary

Hello, comrades

The next branch Executive meeting will be Wednesday, August 10, 2016, at 7:30 p.m.

See you then,

Amanda Robbins
Branch Secretary

Ways and Means Entertainment Recruitment Committee

Happy Canada Day!

The Kanata Legion's Annual President's Canada Day BBQ was a big success with over 100 guests and members showing up to celebrate Canada Day! It was all good - good food, good fun, good visits and good weather, at least until the event was over! Special guests honoured us with their presence as follows: Karen McCrimmon, MP - Liberal; Marianne Wilkinson, City Councillor - Kanata North; comrade Bill Mercer, Navy Commander; comrade Dave Cormier, Deputy District "G" Commander, and wife, Connie, and comrades Jack Edelson and Bert Fox, both WWII veterans who together cut the Canada Day cake!



- John Cher and Gene Szabo - BBQers
- Terry Homma - runner
- Judy Homma, Garth Lee, Carl, Betty Ann Pollock, Amanda Robbins, George Royle - servers
- Terry Jenkins - photographer
- Nancy Deterding, Dan Knighton, Amanda Robbins, June Tyrrell - games
- Lorraine Lapensée, Amanda Robbins, Dan Knighton - kitchen clean up

You're the best!

Lorraine Lapensée
Event Co-ordinator



The Last Post

Submitted by Garry Fancy

The following local obituaries were noted recently. Both individuals were military veterans and deserve our respect and remembrance; our condolences go to their surviving family members.

POWELL, Clare Wilson James (Royal Canadian Dragons), former legion member

Clare W.J. Powell passed away peacefully at Broadview Nursing & Retirement Centre, Smiths Falls, Ont., on July 5, 2016. Clare was in his 83rd year. Clare was an honoured veteran of the Korea War. While residing in Ottawa, Clare enjoyed an esteemed career in the Canadian Forces and Foreign Affairs. Clare will be missed by his loving wife, Jean (nee Faris) of over 34 years. Predeceased by his parents, George Andrew and Stella Beatrice Powell, and brother, Ronald. Clare is survived by his siblings, George, of Arnprior, Joan Voutier, of Sudbury, and Mary Powell, of Chatham. To honour Clare's wishes, cremation has taken place.

ARMITAGE, William (Bill)

On July 6, 2016, in his 94th year, our dear father peacefully passed away. Predeceased by his wife Shirley. Dearly loved father to Gillian, Natalie and Elizabeth (Bruce Baskin). Cherished Pop to

As a means to raise funds for the Homeless Veterans program, guests of all ages participated in playing the five indoor games.

So many pulled together to make Canada Day at the Kanata Legion the best ever!

Special thanks to Harvey's for the donation of burgers, hotdogs and the fixings!

A big thank you to the volunteers:

- Angie Jacklin, Amanda Robbins and Lorraine Lapensée - promotion
- Judy Homma, Terry Homma & June Tyrrell - decorations
- Lynn McPherson - volunteer co-ordinator
- Bob Thomson - hall set up
- Gaëtan Chartier & Betty Ann Pollock - kitchen help
- Jane Cane, Betty Ann Pollock, Mary Szabo, Lorraine Lapensée - salads
- Mary-Jo Gauthier & Tara Jackson - bar tenders
- Mike Dwornik & Gord McCaskill - 50/50 tickets

Tagwanibisan and Sagaki, Kyra and Paige. Brother to **Roly**, Kingsley (Heather), June (Brian Pye). Predeceased by siblings Maxwell, Robin, Frank and Peggy. Dad loved sharing his stories from growing up on the farm, his service as a Petty Stoker in The Royal Canadian Naval Reserve aboard the corvette, 'HMCS Humberstone', his working out west, and settled life back in South March with career in Real Estate. Special thank you to Dr. Stecher, and the many nurses and PSW's who cared for him. Per his wishes only a burial will take place.

Note 1: Bill Armitage was a brother to Dr. Roly Armitage, Legion member, author, distinguished local politician, and WWII army veteran. Our condolences go to all, and when you see Roly at our Legion, shake his hand, and consider yourself privileged to have met such a distinguished and humble Canadian citizen and military veteran. I am sure Roly's brother Bill shares his sibling's fine attributes.

Note 2: HMCS Humberstone arrived at Londonderry in October 1944, to join convoy EG C-8, then forming. She left 'Derry October 22 to join convoy ON.261 for her first Atlantic crossing and continued in service as an ocean escort for the remainder of the war. HMCS Humberstone left Londonderry May 12, 1945, for her last convoy, ONS.50, and in June sailed to Esquimalt, where she was paid off on November 17, 1945.

Ladies' Auxiliary

Correction to last month's submission re: Country Fair Dinner, Silent Auction and Dance

Volunteers:

Replace

Lynn McPherson, Sylvie and Bev Connell

With

Lynn McPherson, Sylvie Perron and Bev Perron - clearers

Sincere apologies!

The Emotional Side of Moving: Talking about Moving with Seniors

The following blog was written by Amy McConnell and is used with permission.

613-406-6031 info@teaandtoast.ca
www.teaandtoast.ca

Tea &
oast



Part 2

... continued from the June 2016 issue of CONTACT

If a decision to move to a retirement residence is on the horizon, concerns usually turn to: "How do I know what the best retirement residence is?" "You just want me to move so you can get my money." or "Please don't put me in a home."

Surprisingly enough, I've had multiple conversations with seniors who actually feel that they will have to do the physical move themselves, remembering what it was like 50+ years ago when they were the movers.

In order to have an open discussion, making sure everyone's heard, consider the following on how to start the conversation:

How to start the conversation with your loved ones

- Start by doing your own thorough assessment of the situation.
- Research some options to address the situation, e.g. homecare, retirement residence, living with you, etc. Research, but don't do anything yet. I find this critical. If you want everyone feeling involved, it's important to not move at your speed, but to move at theirs.
- Set up a time to discuss the situation with your loved ones. Make sure that they know what the topic of conversation is. Nothing is worse, and will immediately shut down a conversation, than their feeling sideswiped.
- Let your loved ones know of your concerns and possible solutions. Keeping an open dialogue will help everyone.

- Proceed through the necessary steps at their speed, retirement residence research and tours, downsizing, home selling, etc.
- This conversation isn't the easiest and many prefer that it never needs to happen, but to ensure the safety and care of your loved ones you'll need to grab the reins and help steer. Luckily there are many resources in your community who can help navigate the system and provide you with insight and support.

Should you require assistance, please don't hesitate to contact Tea & Toast Senior Living Counsellors. We are a complimentary, Ottawa based advisor with expertise in the retirement residence search as well as resources for the senior health care industry.

613.406.6031

info@teaandtoast.ca

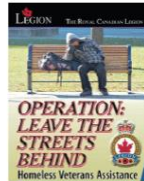
www.teaandtoast.ca

Non-golfers are invited to the dinner at the Kanata Legion.
Reception 5:00 p.m. \$15.00/person.

To reserve please contact Dan Knighton at 613-864-1920.



13th Annual Ray Ponto Memorial Golf Tournament & Fund Raiser (2016)



Supporting: The Homeless Veterans of Ontario

Thursday, August 11, 2016.

Registration deadline is August 5, 2016.

An opportunity to golf and/or try golfing for the first time!

Or

Those wishing to support but do not golf, join us for the evening dinner!



Golf - \$75.00 (includes green fee, cart rental, dinner & prizes)

Registration and information, contact: **Dan Knighton - 613-864-1920**

Kanata Legion & Ladies' Auxiliary Upcoming Events July 24, 2016 - August 28, 2016

Date & Times	Event	Details	Tickets	Cut Off for Tickets
Sunday, July 24/16 12:30 p.m. - 4:00 p.m.	June & July birthdays & anniversaries	Cake & Ice cream	Not applicable	Drop in
Thursday, Aug. 11/16 12:00 p.m. Golf 5:00 p.m. Dinner	Annual Ray Ponto Golf Tournament, Fundraiser & Dinner	See accompanying poster	\$75.00 golf, fundraiser & Dinner \$15.00 dinner only	Reserve by August 5, 2016
Tuesday, Aug. 16/16	Blood Donor Clinic	Day Time	N/A	Drop in
Saturday, Aug. 27/16 5:30 p.m.	Corny Comedy Night	Corn on the Cob, pot luck dinner Comedy by 3 comedians!	\$10.00/person & pot luck	TBA
Sunday, Aug. 28/16 2:30 p.m. - 4:00 p.m.	August birthdays & anniversaries	Cake & Ice cream	Not applicable	Drop in

CONTACT! is published monthly by RCL Branch 638 in Kanata, Ontario. The views expressed in this newsletter are those of the contributors or the editor, and not necessarily those of the Royal Canadian Legion or Branch 638.

Anyone from the branch can write a tribute regarding members both living or past. CONTACT! is an opportunity to capture some of our veterans' stories from yesteryear.

CONTACT! is edited by Lorraine Elmas lorraine_elmas@yahoo.ca

Royal Canadian Legion Branch #638 - Kanata

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