



Volume 3 Number 10

CONTACT!

October 2014
www.kanatabr638.ca

President's Report

The September 19th pot luck dinner and silent auction was attended by 60 members and guests. We made approximately \$800 to pay down the mortgage.

The Ways and Means Tea and Fashion Show was a great success with over 80 in attendance. Thank you to all who made this a great day.

Congratulations to

- Al Page for being presented The French National Order of the Legion of Honour
- Andrew Nellestyn for being appointed Colonel Commandant Royal Canadian Electrical Mechanical Engineers.

Thank you to Sal Rafi for arranging for our branch members to receive a 40% discount coupon at Moores Suits. This event will be held on November 2, 2014, for breakfast and lunch only. Moores will be open that day from 9:00-11:00 a.m. for legion members only who will receive 40% discount on everything in the store excluding shoes, exceptional value and clearance items. After shopping at Moores we can enjoy lunch or breakfast at Busters and receive a 15% discount in the Lincoln Fields mall.

We need to know how many of our members will attend this event (for staffing purposes). Please call the Branch to register your name if you plan on attending. The 40% coupons will be distributed at Moores that morning.

If you are unable to attend on the 2nd the coupons will be available at the Branch after November 3rd. If the turnout is not very good, we would cancel the event. Members will still receive the discount during regular hours and there will be no discount at Busters.



Report from the First Vice

... next issue.

From the Second Vice

Poppy and Remembrance Campaign 2014

The campaign will begin on Fri., Oct. 31, to Mon., Nov. 10, lasting only 12 days this year. We will need each and every member manning tables and on foot to stores to drop off and pick up poppy boxes. As always, the success of our campaign depends on you. Unless you are physically incapacitated, it is expected that you will volunteer for at least one and if possible several poppy table duties. Feel free to ask your friends/neighbours, etc., to sit a shift. Please call your table captain and volunteer your time.

Don Raven will once again coordinate The Canadian Tire Centre games (4).

Here follows the list of contact numbers:



Team Captains and Contact Info		
Dan Knighton		Costco
613 831-1920	ralo02@rogers.com	
Suzanne St. John		Superstore
613 839-0320	su.st.john@gmail.com	
Sue McLean		Hazeldean Mall
613 831-1068	smclean@deadsquid.com	
Morley Connell		Loblaws Centrum
613 591-9797	morley.connell@sympatico.ca	
Dale Northrup		Home Depot
613 599-5001	northrop.dale@gmail.com	
George Medynski		Walmart
613 835-5465	medski@rogers.com	
John Cher		Stores
613 831-0298	j.cher@sympatico.ca	
George Pollock		Supplies
613 836-2530	geo.pollock@rogers.com	
Don Raven		CDN Tire Centre
613 836-2891	d.raven@sympatico.ca	

Below:

On October 9, 2014, a cheque for \$4,000 was presented to Patricia Royle, Provincial Service Officer, from Kanata Branch 638 Poppy Chair 2014 Moira Green and Poppy Trust Fund Chair 2014 Doug Rowland.

The funds will go to assist veterans and their families.

Remembrance Dinner

When: Friday, November 14
Cost: \$20
Time: Cocktails 5:30 p.m.
Dinner 6:15 p.m.
Speaker: Brig. Gen (Ret) Bill Brewer
Menu: Chicken
Catered by Leatherworks

Tickets on sale soon.
Reserve your table early please.

Yours in service,

Moira



Editor: Moira received an email from the Ottawa Choral Society, which I am including on the next page. If **The Passing Bell Project** interests you, please note that the deadline for submission is Sunday, October 26th.

The Passing Bell Commemorative Program

Dear Friends and Members of the Choral Society,

Not long ago, we wrote to you to invite you to join us for **Lest We Forget, on Friday, November 7th, at St. Joseph's Church**, when we will mark the 100th Anniversary of the outbreak of World War I. We are especially honoured that General John de Chastelain, who played such a central role in bringing Peace to Ireland, will be participating in this evening's observance.

As part of our program of profoundly moving music that pays homage to the service of so many brave men and women, we are preparing a commemorative booklet, *The Passing Bell*, which will offer OCS members and patrons a unique way to personally remember and honour loved ones who served in Canada's Armed Forces.

Because our veterans so often return home with life challenges, the OCS will be presenting a donation to an organization that provides services to them. Should you wish to consider a tax deductible donation to the Ottawa Choral Society, your gift will be shared with this organization to support their work. A portion of your contribution will also assist the Society in the presentation of this evening's music of Remembrance.

This is an example of how your entry might be expressed (we suggest up to 50 words):

*In Memory of Corporal John Smith
Royal Canadian Air Force
1912 - October 1942, age 30
Fighter Pilot. Wounded in action over France*

Please note that we have made some important changes to the project since we first wrote:

- The date for the submission of your memorial entry has been extended to Sunday, October 26th.
- A range of contribution levels has replaced a set amount of \$75

Please include a photo if you have one. Scanned images are preferred; however, original photos sent to us will be treated with care and will be returned. If you do not have a photo, your entry will appear beside a framed poppy. Entries may include all who served, or are serving today, fallen or returned.

Please visit

<http://www.ottawachoralsociety.com/The-Passing-Bell> for instruction about how to submit your entry.



We hope you will join us at a reception following the concert to meet General John de Chastelain, our guest Veterans, and Maestro de Souza and the soloists.

Your patronage and support of the Choral Society's activities is deeply appreciated.

Sincerely,

The Ottawa Choral Society

Calling All WW2 Veterans

To mark the 75th anniversary of Canada's engagement in the Second World War, [the Government of Canada announced a national tribute to honour living Veterans of the Second World War.](#)

Canadians who served at least one day with Canadian Armed Forces, or with any other Allied force including the Canadian or British Merchant Navy, either at home or abroad, during the Second World War, are eligible to receive a special commemorative lapel pin and certificate.

From 1939 to 1945, more than one million Canadians and Newfoundlanders served, with more than 55,000 wounded and over 45,000 giving their lives.

It is estimated that there are approximately 80,000 Canadian Second World War Veterans alive today.

Through this tribute, we are remembering and honouring those who courageously defended our shared values of peace and freedom in the Second World War.

Request forms are available on line <http://veterans.gc.ca/> or by calling <tel:1-866-522-2122>

Editor: The above submission was provided by John Cher.

From the Branch Secretary

A Friendly Reminder ... the Next General Meeting is Wednesday, November 19, 2014, 7:30 p.m.

Lorraine Lapensée

From the Sergeant-at-Arms

The Branch's Colour Party participated over the summer in the opening of Kanata's Canada Day ceremony and the Scott Tokessy Base Ball tournament in August. A couple of us went to Carleton Place for their commemorative service for the 100th anniversary of the start of the Great War.

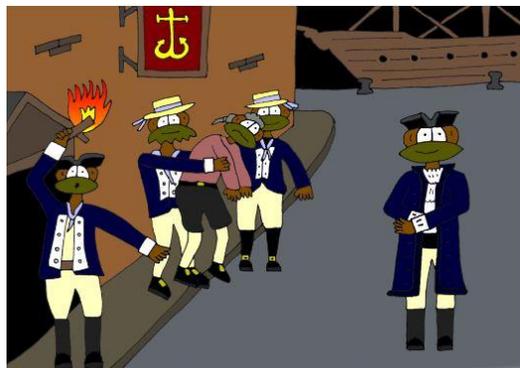
Currently there is need for new colour party members. Over time, people have left for various reasons, all legitimate. It is the same dedicated people have to step forward to fill the gaps. If we had some more volunteers it would allow us to evenly distribute the load.

It is all on job training; you just have to remember to step off with your left foot. As for myself, I enjoy doing it. We get to meet interesting people and are right up front at events.

All you need are grey flannel pants, dark shoes, blue blazer, white shirt, legion tie and a beret. For a cost we have white gloves and the Branch has a stock of donated blazers. Good quality blazers can also be found at thrift stores, the Salvation Army and Value Village to name a couple. If it is cold, you put your winter coat on.

Remembrance week is fast approaching. If interested, let me know. We would be glad to have you on the Colour Party.

Bob Thomson CD
Sgt-at-Arms, RCL638
613-831-8221 / dieseljohn@rogers.com



The Press Gang find a New Recruit...

Second Better Than The First!

The Kanata Legion held its second ever High Tea & Fashion Show on October 4, 2014, to a sold out crowd of approximately 85. Guests first started their shopping with a Fall Fashion Show; 8 models modeling two outfits each! In addition to shopping Jockey Person to Person Fashion, there was a variety of other shopping opportunities:

- Jewellery Collectibles by Diane
- Sterling Silver Silpada Jewellery
- Fascinators, Bags & Scarves by Marah!
- Legion's Vinylux Nail Spa!

Guests enjoyed lots of food and, of course, a Spot of Tea!

A big success it was! Testimonies from attendees that it was better than our first held on May 10, 2014! Success in the fun that was had, the turn out and support, the funds raised and working together by so many volunteers--members and non-members!

A BIG THANK YOU to our guests for coming out to support our High Tea & Fashion Show fundraiser to pay down the mortgage!

SPECIAL THANKS & MUCH APPRECIATION TO THE VOLUNTEERS who came out to help the day before and the day of the event. We know it was a lot of hard work!

Volunteer Members: Barry Briggs, Gaetan Chartier, John Cher, Patricia Cher, Yvette Clark, Bev Connell, Lorraine Elmas, Garry Fancy, Lydia Fancy, Mary Jo Gauthier, Moira Green, Judy Homma, Mark Hunter, Angie Jacklin, Dan Knighton, Lorraine Lapensée, Gord McCaskill, Helen McKiernan, Lynn McPherson, Denis Pelletier, Pat (P.J.) Rose, Suzanne St. John, Bob Thomson, John Thomson

Non-member Volunteers:
Nail Spa: Chelsea and Sarah
Servers: Dyllon and Taylor



Bring a Friend & Pot Luck Dinner Evening

On Friday, September 19, approximately 60 guests enjoyed a very good potluck dinner. In fact, it could not have been planned better! There were items for each course and all was delicious! Great fun was had by all who participated in the Mystery and Silent Auction! Sometimes the successful bidder of a mystery auction item was very surprised once they learned what they won! George Royle, Recruitment, was there with a professional display set up to explain all about the legion to guests and anxiously hoping to recruit new members; one was recruited! Guests enjoyed listening, singing along and dancing to music by Comrade Moira Green on the piano and Comrade Gerry Doré on the fiddle.



We are pleased to announce \$800 was raised and/or donated that evening towards paying down the mortgage! This successful evening would not have been possible if it were not for those who supported it by either donating auction items and/or attending and most importantly by volunteering!

SPECIAL THANKS TO Moira Green and Gerry Doré for the very enjoyable music entertainment; Pat Cher for co-ordinating the auction and to Mary Szabo for her assistance with auction set up, buffet table set up and more; George Royle and Brenda Grant for the recruitment table; Yves Grimard and Brenda Grant for bartending. Thank you to everyone who pitched in to clean up. Comradeship! Good Friends!

Submitted by
Lorraine Lapensée (WERC)

Harvest Evening - Good Food and Good Fun!

The Ladies' Auxiliary hosted a Harvest Evening on Saturday, October 18, 2014. Guests tantalized their taste buds with Chef Salad, Caesar Salad, Ham, Scalloped Potatoes, Turnips, Green and Yellow Beans, Pumpkin Pie and Apple Pie!

After dinner guests geared up for the Pig Races commentated by Clay Wheaton. There were six pigs, five pig races and many winners! Guests had many opportunities for a chance to win a door prize throughout the evening; door prizes donated by Ladies' Auxiliary members, Mary Aird, Bev Connell and June Tyrrell.

The fun continued with games organized and run by Ladies' Auxiliary members, Judy Homma and Angie Jacklin. Guests got to test their memory skills, bowling skills and luck not to get caught holding the ball when the music stopped! Game prizes, too! Donated by Ladies' Auxiliary members, Judy Homma, Angie Jacklin, Lorraine Lapensée. Everyone was a winner at the Harvest Evening!

The Harvest Evening was the kick off to collect donations for the Kanata Food Bank. Thank you to those who brought in their donations at the Harvest Evening.

Boxes will remain in the Legion hallway until Sunday, November 2, 2014 for anyone and everyone who wishes to make a donation.

The evening would not have been the success it was if it were not for our guests and volunteers. Thank you!

SPECIAL THANKS TO Moira Green and Brenda Grant for bartending; Clay Wheaton for conducting the pig races; Dan Knighton for posters and tickets; Judy Homma and June Tyrrell for decorating and setting tables; Betty Ann Pollock and George Pollock for cooking; Terry Homma, Chris Jacklin for washing dishes; Lorraine Lapensée and Lorena Gervais for check-in table and preparing Food Bank boxes,

Judy Homma and Angie Jacklin for the games and to all those who pitched in to clear and clean.

Lorraine Lapensée, Chair
L.A. Entertainment/Fundraising Committee

Kanata Food Cupboard / Food Bank Collection Oct. 18 to Nov. 2, 2014

The Ladies' Auxiliary kicked off collection of donations for the Kanata Food Bank at the Harvest Evening on October 18, 2014. Boxes will remain in the legion hallway until Sunday, November 2, 2014, for anyone and everyone who wishes to make a non-perishable food or/and cash donation. Please leave cash donations with the bar tender on duty. Thank you for your support.

Our Silent Auctions are fun!

Silent Auction... Our silent auctions have been fun and are bringing money in to pay down the mortgage. Many thanks to the people who have been generous in donating items and thank you also to those who have bought the items donated.

Our **December 5th Christmas Dinner** will have a silent auction for everyone's enjoyment. We already have items that were kept back from the last auction because we had too many. However, we will need a few more donations to fill the tables. Some suggestions are Christmas decorations; stocking stuffers, baking, jewellery, purses and decorative items always do well, as do fun kitchen gadgets.

Donations may be dropped off at the Branch on Fridays to the attention of Pat Cher.

Submitted by
Lorraine Lapensée (WERC)

Upcoming events in November and December

Friday, November 21

• Bring a Friend Night - Spaghetti dinner
Sunday, November 23

• Potluck Dinner & Decorate the Legion for
Christmas

Friday, December 5

• Christmas dinner evening - auction & music
entertainment

Wednesday, December 31

• New Year's Eve Party!

Details to be announced soon!

Submitted by

Lorraine Lapensée, Chair

Ways & Means / Entertainment / Recruitment
Committee (WERC)

Kitchen Korner

With all the media attention that the Ebola virus is getting lately, it is a reminder that flu season is about to descend on us.

For our food handlers and servers:

- ✓ Getting a flu shot is not a bad idea.
- ✓ *Washing your hands as often as necessary is the best protection.*
- ✓ Gloves are good, but need to be changed frequently. The rule of thumb is that if you would need to wash your hands - change your gloves!

When should you wash your hands?

- ✓ Whenever you have touched anything that may be contaminated (money, door handles, etc.), or may cause contamination (blowing your nose, touching raw meat, the possibilities are numerous).
- ✓ Common sense is your best guide.

For our servers, gloves are a bit impractical because they would need to be changed every time you pick up dirty dishes

What to do?

1. pick up plates by the edges
2. pick up glassware by the outer bottom - never the inside
3. wash your hands or use sanitizer after scraping plates and handling used cutlery

Dishwashers are also at risk, possibly more so than servers. Rubber gloves are provided.

NB: Putting a good shot of bleach into the soapy water that dishes soak in does not work! The soap negates the bleach, and the sanitizing effect is lost.

Not only is this for the protection of our clients, it is for your own safety, too!

We tend to do things the way "it's always been done." The best I can think of at the moment, is to utilize the bus pans and carts. Servers can clear dishes to them, then the dishwasher can scrape the plates. (Not that there is a lot of room in the kitchen to do this!)

If anybody can think of a more practical plan - let's hear it!

In the meantime, keep washing your hands! 😊

Sue McLean
Kitchen Manager



With more than 70 retirement residences in the Ottawa area, how do you decide which one is best for you and your loved ones?

How do you find the time to do all the research?



Stay in the driver's seat, but trust the research to me. With over 9 years hands on experience, I can help you arrive at the right choice for you and your family!

Tea & toast

Amy McConnell
www.teaandtoast.ca
613.406.6031

Recap of Coming Events

Sun., Oct. 26, Birthday / Anniversary Celebration, 2-4 p.m.

Fri., Oct. 31, Poppy Campaign Launch

Fri., Nov. 14, Remembrance Dinner, 5:30 p.m. cocktails; 6:15 dinner

Deadline for input to **CONTACT!**

Sat., Nov. 15, by 11 p.m.

Sat., Dec. 13, by 11 p.m.

CONTACT! is published monthly by the Kanata Branch 638 in Kanata, Ontario. The views expressed in this newsletter are those of the contributors or the editor, and not necessarily those of the Royal Canadian Legion or Branch 638.

CONTACT! is edited by Lorraine Elmas, and she can be reached at lorraine_elmas@yahoo.ca.



Canadian Living Benefits and Retirement Solutions Inc.

Sleep better at night knowing that your Investments are GUARANTEED. You will receive every dollar of your investment, even if there was down turn in the market.



RRSP, RRIF or ANNUITIES, REGISTER or NON-REGISTER INVESTMENTS

- 100% principal maturity guarantee
- 100% principal death benefit guarantee (less withdrawals)
- Access to capital
- Income guarantees

For a personal, confidential appointment please contact Sal Rafi at 613-366-4978 retirementsolutions@rogers.com www.clbars.com

Our Services:

TFSA, RRSP, RRIF, ASSET CONSOLIDATION, RETIREMENT PLANNING, LONG TERM CARE INSURANCE, CRITICAL ILLNESS INSURANCE, GUARANTEED LIFE INSURANCE, MORTGAGE PROTECTION, DISABILITY INSURANCE, GROUP BENEFITS, HEALTH AND DENTAL INSURANCE, TRAVEL INSURANCE, SUPER VISA INSURANCE

