



ROAD TO RECOVERY



“LEST WE FORGET THOSE WHO GAVE ALL”

OTTAWA VALLEY - On September 13th through to September 16th, a mixed group of civilian and service members will be stepping off from the Petawawa Legion to undertake a 162 km weighted ruck march to honour those that have sacrificed, namely our veterans, police and first responders. Ruck 2 Remember, the organization putting on the event, is a not for profit organization that is in its 5th year raising funds and awareness for issues facing Veterans. Their flagship event every year is the “Road to Recovery”, and for the second consecutive year the event will be coming to the Ottawa Valley, to once again raise awareness for Veterans and funds for “Operation: Leave the Streets Behind”, a veterans charity managed by the Royal Canadian Legion.

Operation: Leave the Streets Behind is a registered charity that works to transition veterans off the streets into sustainable housing, it works hand in hand with the Legions other resources to help get the Veteran in need long term funding, work, housing and support as needed. As of last year, the program has assisted 525 veterans in more than 117 communities including 93 in the Ottawa Region.

The “Ruck 2 Remember” team will be starting at the Petawawa Legion on September 13th making their way south to the Cobden Legion; on September 14th the team will step off again from the Cobden Legion hall and continue south until they reach the Renfrew legion; September 15th (Day 3) the team continues to the Arnprior Legion where they will rest up and refresh before the final leg on the 16th covering 43 km from Arnprior to the Kanata Legion.

For those wishing to support “Operations: Leave The Streets Behind” and help keep Veterans off the street the Legions above will be hosting the team each night and will be open to the public to come out, meet the “Ruck 2 Remember” team and donate to the cause. The Kanata Legion (70 Hines Road) will be hosting a BBQ to close out the event and invites everyone to come out on Sunday September 16, 2018 5:00 p.m. to welcome the R2R team and to help support the cause. Individuals interested in attending the BBQ are asked to sign-up by Thursday, September 13, 2018 by contacting the legion 613-591-5570 or rclbr638@gmail.com; proceeds from BBQ will also go to the cause.

Businesses interested in sponsoring the Ruck 2 Remember Operation: Leave the Streets Behind fundraiser please contact the Kanata Legion for further details.